NEW RULES FOR CROSSING U.S. BORDER, PG 4

Workology

Trumpeting the return of the swans

pa 11



Celebrity Buzz
Candy
clears up
dig at

na 14

What makes Edmonton so unique?

Sunny **Side**

YOUR CITY Every community has them; they're the people, places, events and local wonders you can't find anywhere else that put a smile on our faces and make us feel proud about where we live.

Today, as part of our SunnySide series, Metro is calling on the people of Edmonton to help us celebrate what makes living in our city so special: The people, places, events, architecture — you name it — that seem to take those worries away.

We want you to submit

We want you to submit the names of the people and things that set Edmonton apart, and especially in these trying economic times — do their part to make you feel good about being an Edmontonian.

Submit your suggestions on who and what deserves recognition, and we'll share these inspiring stories with readers in our city, and with Metro's 1.1 million readers across Canada.

So get writing, emailing, commenting and tweeting your SunnySide suggestions to edmonton letters@metronews.ca, metronews.ca, or on Twitter @metroedmonton.

We'll highlight the top five people and "things" in Metro, and give them the recognition you think they deserve.

It's time for you to tell the rest of Canada — and your neighbours down the street — what makes Edmonton so unique and a great place to live.

METRO EDMONTON



Tamika Piruden, 10, has some locally produced dip from Dip-Sea Chicks at the Alberta Avenue Farmers Market on 118 Avenue.

Eating at home

Initiatives spring up to promote locally grown foods

Sunny **Side**

VICTORIA HANDYSIDES victoria.handysides@metronews.ca

A growing crop of locavores are going bananas for local food, proving they are what they eat.

Economic uncertainty has sprouted a movement toward keeping produce and profit in the Edmonton area, cultivating a crop of locals working together to keep each other fed.

"Knowing the farmers that grow my food can

make a living is critically important. More of the money we're spending on food can stay in our community," said Jessie Radies, organizer of the Good Food Box Project, one of two recent initiatives to make eating local easier.

Radies feels scant distribution prevents people from eating home-grown, so the Good Food Box was born. Starting in July, boxes of mixed farm fresh produce will be dropped weekly on doorsteps. Organizers will be dan-

Organizers will be dangling a carrot in front of this year's recipients, running the pilot program for

just six weeks. If successful, the initiative will last the entire growing season next year. Growers in the city's rural north-east are shipping produce to Alberta Hospital for sorting. A portion of the food will also be grown by patients in the hospital's garden.

"This is, hopefully, the beginning of a local distribution system," Radies

Community rebuilding in Edmonton's most notoriously dodgy area is an ongoing effort. The launch of a year-round fresh market at the Alberta Avenue Community League is one step closer to grassroots unity, organizer Christy Morin said. The Thursday market not only allows people in the area access to fresh produce, she said, but has a locally grown mandate.

cally grown mandate.

The market will make
118 Avenue a destination
point, she said.

"People come down to the Ave and see a definite change. A lot of negative influences are moving on," she said. "It's not a hope anymore, it's becoming reality."

Share**Your**Views edmontonletters@metronews.ca

What's going on across the country

HALIFAX Cyclists of all ages and skill levels, and other self-propelled people on wheels, rode over to the Halifax Commons yesterday afternoon to celebrate sustainable and active transportation. The open street party was part of HRM Bike Week, which kicked off last Friday and runs through Sunday. OTTAWA Over the weekend, Bicycles for Humanity — a volunteer-run grassroots organization - collected more than 400 bicycles in a drive that will help improve access to health care, education, food, and employment for

TORONTO OpenCity Projects, a three-year-old consultancy firm, uses strategic design to make public spaces and the communication between Toronto communities more meaningful experiences. Last year, the firm partnered with the City of Toronto to enlist third-year industrial design students to identify opportunities to enhance neighbourhood experiences.

CALGARY The Lilac Festival

people in need.

CALGARY The Lilac Festival drew record crowds yesterday expected to surpass 100,000 people. 4th St. BRZ director Jennifer Rempel said "We had two private businesses give us free parking for our visitors ... and every year the support keeps growing."

VANCOUVER In Vancouver,
Oscar-winner Goldie Hawn
joined several local community leaders at a gala held by
the Face the World Foundation this weekend that
raised about \$800,000 for
various charities in that city.
It's a winning fundraising
formula: Throw a big party
to raise big money. For her
part, Hawn said she'll "support anything for children."

• To read more, check out metronews.ca.



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Edmonton police are reminding the public that while you're in your yard ripping out weeds, thieves might be inside your house ripping you off unless you remember to lock your doors. They also suggest you keep doors locked while working in the yard or garage; keep easily accessible windows properly secured; and report suspicious people or activity to police. METRO EDMONTON metro

Local



Lend a helping hand

Interested in making a difference? The Red Cross will be holding an open house on Wednesday to showcase all the opportunities available to civilians with helping hands. Head to the office (9931 - 106 St.) between 5 p.m. and 8 p.m. to learn more about disaster relief, youth and aboriginal METRO EDMONTON outreach, and humanitarian issues.

Son goes cross-country for cancer | Most of seniors' centre torched

JEFF CUMMINGS jeff.cummings@metronews.ca

A young Winnipeg man has been moved to do a bicycling trek across Canada to raise funds for cancer research after his father, the president of the Winnipea Blue Bombers, was stricken with the illness in

During an Edmonton stop at Commonwealth Stadium yesterday, 20-year-old Wes Bauer said hearing that his father Lyle Bauer, a former offensive lineman, had a cancerous tumour in his throat came as a shock since his dad was so athletic.

"When he was in his prime, he would bench 430 and I never thought our family would be affected by cancer," said Bauer, who is expected to arrive in St. John's, N.L., in Au-

Then when 2004 rolled in, when he told me about it, this was something that took me back. Now I am seeing how many people are affected by this disease and we need to do something as Canadians."

Bauer has been riding the bike to raise funds for the Never Alone Foundation during his Chase the Cure trek and he plans to stop off at every city where there is a CFL team.

Edmonton Eskimos CEO president LeLacheur donated an autographed helmet, which will be auctioned off for charity something LeLacheur feels is an important cause.

"While we are competitive on the field, we are a family off the field," said LeLacheur.

"Wes's dad through a lot and we wanted to do something.

Funds raised by Chase



Wes Bauer, the creator of the cancer-fighting cross-country bike ride Chase the Cure, makes a stop at Commonwealth Stadium to accept a donation from the Edmonton Eskimos. Bauer is the son of Lyle Bauer, the president and CEO of the Winnipeg Blue Bombers.

the Cure will stay in the provinces where they were raised, said Bauer, who has

so far raised \$5,500 in Al-For more information about the site or the auction, chasethecure.com.

by morning fire

EMERGENCY Roughly 150 seniors who were displaced by a large blaze that consumed most of the Carrington Living Seniors complex early yesterday morning are being helped out by the Red Cross.

Nancy Beasley Hosker, a Red Cross spokeswoman, says two volunteer responders were mobilized at the complex near 106 Street and 40 Avenue around 5 a.m. yesterday.

Hosker says roughly half of all the residents in the complex will be staving with family and friends, while the rest will be moved to a facility owned by the same company in the Riverbend area.

Volunteers were on scene at the complex handing out emergency toiletry kits.

Fire officials say 18 units were dispatched to the blaze and there is no word on a cause or a damage es-JEFF CUMMINGS/ METRO EDMONTON

Charges laid in stabbing; man in serious condition

STABBING An Edmonton man is now facing an attempted-murder charge after someone with several stab wounds collapsed in the backyard of a southeast neighbourhood home Saturday.

Police say a man was doing yard work near 107 Avenue and Hardisty Drive when a bloodied man stumbled into the backyard and collapsed sometime around 12:30 p.m.

The homeowner quickly dialed 9-1-1 and immediately began first-aid before

paramedics rushed the 28year-old to hospital, where he remains in serious but stable condition, police said. It didn't take long for investigators to identify a suspect who was later arrested.

Both the victim and the suspect are known to each other, but it's not believed the attack is gang- or drug-

related, say police. Michael Hancock, 23, was charged with attempted murder, possession of a weapon and robbery.

METRO EDMONTON

Search for missing man yields no leads

VICTORIA HANDYSIDES victoria.handysides@metronews.ca

Rescue dogs scoured Edmonton's south river val-ley all weekend, with still no sign of Dylan Koshman.

The 21-year-old mysteriously disappeared on Oct. 11. Since then, small armies of searchers have covered ground in the valley, hunting for any small sign of his presence.
"We're just trying to

close some doors and get closure," his father, Dan Koshman, said yesterday. Though the family has "We want answers as to what happened to our boy."

Dan Koshman

explored much of the area, trained dogs from the Canadian Search and Dis-Dogs association crossed patches of land off

their list yesterday.
"The dogs can get into areas we can't, so we know for certain he's not there," Dan said.

Trainer Richard Le said even if Dylan's body was

frozen in the North Saskatchewan over the winter, it would not impact the dogs' ability to locate him.

"By now, areas will be thawed, so they'll be able to pick up the scent," he

The family travels from Moose Jaw, Sask., periodically to search for Dylan. As long as the dogs are available, the groups will continue weekend searchtogether until he's

"We want answers as to what happened to our boy," Dan said.

metr@news.ca WHAT'S ONLINE TODAY

Video A faltering U.S. dollar and a surging loonie may be trouble for Canada at metronews.ca/ canada

Lotteries

Friday, May 29 Lotto Super 7: 12, 23, 24, 28, 29, 30 & 44. Bonus 22. Saturday, May 30

Lotto 6/49: 1, 7, 19, 21, 39 & 45. Bonus 42. These results are not official

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SALES AGENT POSITIONS AVAILABLE

Whales die in South Africa

At least 55 whales stranded on a beach near Cape Town were put down or died after rescue teams failed to return them to the ocean, a sea rescue institute said yesterday. Scientists shot 42 of the false killer whales on Saturday and 13 others perished, the National Sea Rescue Institute said. Returns

Canada/World

Toronto **Brainiac**



Eighteen-year-old Torontonian Sean Amodeo went head-to-head this weekend with other teens at McMaster University at the Canadian National Brain Bee, sponsored by the Canadian Institutes of Health Research. Amodeo was the last brainiac left standing after a gruelling day of lab work, a written exam. patient diagnosis and a Jeopardy-style elimination round.

Border rules tighten

Officers to scold those without proper ID, says rep

The American border tightens today — sort of.Despite new documenta-

Despite new documentation requirements coming into effect today, Canadians will still be allowed across the U.S. border without a passport or enhanced driver's licence during this summer travel season.

They'll just be scolded a little.

"We're going to be flexible, we're going to go on a case-by-case basis," said Joanne Ferreira, spokesperson for U.S. Customs and Border Protection.

"Travellers that do not have the documents, they might face delays as our (border) officers will have to confirm their identity and citizenship," she said. "But we're encouraging travellers to continue with their travel plans and to apply for their documents—if they don't have them, to apply now."

Ferreira said officials will record each time someone crosses without the proper travel documents, which means travellers might face delays if they continue to set out without the proper identification. And they will probably be reprimanded. Sarah Hubbard, the vice-president of government relations for the Detroit Regional Chamber, said confusion over what documents are needed is contributing to decreased border traffic.

TORSTAR NEWS SERVICE

Braidwood to hear final arguments

DZIEKANSKI A nearly yearlong investigation by the RCMP into the action of the four members in the Tasering death of Robert Dziekanski was forwarded to Crown counsel in B.C., which concluded last December that criminal charges were unlikely to result in convictions. Next month, retired judge Thomas Braidwood will hear final arguments by the lawyers who have been attending the inquiry. Taser International is represented, and so are the Vancouver International Airport, the union for border security guards, and workers at the facility and the city of Richmond.

TORSTAR NEWS SERVICE

Ads backfiring: Poll

POLITICS The Conservatives' biting partisan attack ads aimed at Michael Ignatieff are taking a toll — on Prime Minister Stephen Harper as well as the Liberal leader, according to a new poll.

The Toronto Star/Angus Reid survey shows the Liberals have a two-point lead nationwide and are making gains in Ontario, British Columbia and Quebec, provinces that will be key in the next election.

Meanwhile, NDP Leader Jack Layton has doused cold water on the possibility of an election call in the coming weeks, saying his party won't be seeking to topple the minority Conservative government. "We won't be moving a non-confidence

motion. We're going to try to move motions that get results for people," Layton told CTV yesterday. "As to what the other parties will do, of course they'll have to make up their own minds, and we're prepared for an election if it comes to it."

Election speculation has ramped up in recent weeks, fuelled by opposition demands to reform employment insurance and the Conservatives' own ad campaign that attacks Ignatieff's 34 years abroad. However, while 42 per cent of poll respondents said their opinion of Ignatieff worsened after seeing the ad, 50 per cent said their opinion of Harper also worsened.

TORSTAR NEWS SERVICE

Abortion doctor shot to death at church service

A Kansas doctor who was a controversial provider of so-called "late-term" abortions was shot and killed at his church yesterday, local media reported.

The Wichita Eagle newspaper reported that 67-yearold George Tiller, a longtime target of anti-abortion activists, was shot to death as he walked into services at at Reformation Lutheran Church. Police are searching for a white male who fled the scene after shooting Tiller with a handgun, local media reported.

Tiller's clinic in Wichita has been the site of mass protests by anti-abortion groups and was bombed in 1985. Tiller was shot and wounded by an abortion opponent in 1993.

Abortions are generally considered late-term when they are performed after the 20th week of gestation on fetuses potentially old

enough to survive outside the womb.

Anti-abortion group Operation Rescue said it was

shocked by the news.
"We denounce vigilantism and the cowardly act that took place this morning. We pray for Mr. Tiller's family that they will find comfort and healing that can only be found in Jesus Christ," the group said in a statement on its website.

REUTERS

Logging life on Earth online

Scientists have asked people around the world today to help compile an Internet-based observatory of life on Earth as a guide to everything from the impact of climate change on wildlife to pests that can damage

crops.
"I would hope that ... we might even have millions of people providing data," James Edwards, head of the

e-Biosphere

 About 400 biology and technology experts from 50 countries will meet in London this week at an "e-Biosphere" conference. The EOL is separately trying to describe the world's species online.

Encyclopedia of Life (EOL) based at the Smithsonian

Institution in Washington, told Reuters of the 10-year project.

People in many countries already log observations on the Internet, ranging from sightings of rare birds in Canada to the dates on which flowers bloom in spring in Australia. The new system, when up and running, would link up the disparate sites

India **Protesting violence**



raminy members protest recent attacks on indian students in Australia, in Anmedabad, india, yester day. The attacks, which Indian media have called race-based, have caused diplomatic discomfort, with India summoning the Australian ambassador last week to convey its concern and urge action.

News in brief

DISSENT Russian riot police detained 33 demonstrators yesterday as they attempted to stage a protest demanding Prime Minister Vladimir Putin resign for his handling of the economic crisis. Russia is entering the worst recession in at least a decade and unemployment has soared to 7.7 million. Protesters carrying banners saying Putin

Resign were detained by riot police as they lit red flares and walked onto one of central Moscow's busiest avenues, a Reuters reporter said.

NUCLEAR North Korea could this month test-fire a longrange missile designed to strike U.S. territory and may also be gearing up for skirmishes with the South around their disputed sea border, South Ko-

rean news reports said yesterday.

CANCER Drugs that block a cell repair enzyme known as PARP show promise as treatments for some of the most aggressive and difficult-to-treat forms of breast cancer, according to new research. Midstage results from a PARP inhibitor show that it improved survival by 60 per cent. REUTERS

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Comment & Views

Comment

Vikings didn't wear Lululemon pants



ecently, this column ran a contest to help me find a new hobby. Due to overwhelming

reader demand (someone wrote in who I am not related to) I'm pleased to provide this update.

The activity I chose was dragon boating. Unfortunately, I ran into one insurmountable obstacle in taking up that hobby. I found out what it is. An online promo read, "Are you ready for some ab-crunching, lungbusting fun?" I decided I'm really not.

Instead, I went Viking boating.

Vikings were a scrappy, warrior-like people, living in one of those periods of history when life was 'nasty, brutish and short." many people, the Vikings were responsible

for the "short" part. A Viking's Facebook page would read: "Hobbies: Hanging with friends, stripping naked, painting body red then descending on unsuspecting towns, howling at top of lungs." They were a little like our modern-day soccer fans except un-washed, liquored up and totally bent on complete annihilation of the other side. OK, they were a lot like soccer fans.

Arriving at the boat club, I could see some subtle changes have taken place in the last thousand years. It's

Sunny **Side**

possible, for instance, that real Vikings did not wear Lululemon yoga pants. And shorts designed to keep delicate tushies from rubbing uncomfortably on the boat seat. Possibly that's what caused all the howling.

First, we were introduced to some of the challenges of Viking boating. For my group this included "getting into the boat." The teacher offered helpful instruction such as, "Stop getting in from the side. Enter from

the stern. No, the other stern. The pointy end. No, the other pointy end. Everyone just get in from the

I learned that "fixed carriage" means the oar cannot slip from your hands as you paddle and go sailing off down the bay. I also learned, however, that it may get hopelessly jammed in someone else's oar, has to be removed from the oar lock, then slip from your hands and go sailing off down the bay.

Our crew wasn't entirely hopeless. We got trounced in the practice races, but on the way into shore, miraculously, we found our groove. We pulled together. Didn't "over-dip." Suddenly, we shot past the other boats. The fact that they were practising paddling backward at the time didn't dampen our excitement for a moment.

Will I do it again? Absolutely. I am Viking. Hear me roar. Now, I'm going right out to get some Lululemon pants.

Anne Hines is an author and humour writer.
She has written three novels and one collection of nonfiction humour.

Views

Some positive news about bus service



As much as I'm sure most Edmontonians are ecstatic about the constant stream of LRT announcements, it's nice to hear something positive about bus service.

Dubbed "premium bus service," routes with dedicated lanes, control over traffic signals, and limited stopping are planned to serve north, west, and southeast Edmonton.

Each of the routes serves corridors that have been under consideration for LRT service at one time or another, with the potential to serve as precursors to further LRT extension.

Unfortunately, this approach continues the focus on one demographic, one time of day, and one destination: Downtown peak hour office commuters.

All of Edmonton's planned LRT runs through All Edmonton's downtown, as do the planned premium bus routes.

The upshot is the system

is first and foremost geared to serve white-collar commuters. However, three out of four transit trips are made by bus, in many cases along corridors that will never be served by LRT.

If your daily trips don't take you to or through downtown, LRT might not be as important as, say, a bus that runs more than once an hour and outside weekday peaks. Unfortunately, previous promises to rectify that have yet to be fulfilled.

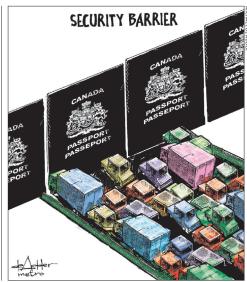
With LRT unlikely to purposefully venture into the city's great swaths of industrial land, that means entire sectors of the economy may

continue to go drastically underserved by transit.

While many parts of the bus network would be good candidates for "premium bus service," the rest needs to at least be "OK bus service" to start.

It's been promised over and over again, but maybe it needs some branding: "Introducing buses on reasonably straight routes that run during early evenings every half-hour: Edmonton's new and improved OBS routes!'

Brian Gould is a transportation planner and has served in a variety of roles with the Transit Riders' Union of Edmonton. He's committed to being car-less and is a vocal critic of auto-centric planning; edmontonletters@metronews.ca.



Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

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Many of our portable devices require batteries — canühome recommends switching from disposable to rechargeable batteries to reduce waste and to power MP3 players, remote controls and digital cameras. METRO NEWS SERVICES

Going Green



Destructive computers On a weight-by-weight basis, computers are more environmentally destructive to make

than cars, according to Kim McKay and Jenny Bonnin's True Green @ Work: 100 Ways You Can Make the Environment Your Busi-TORSTAR NEWS SERVICE

Small steps to reduce impact on the environment

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

RESOURCE Canada has seven per cent of the world's total supply of renewable fresh water — but we're also one of the world's biggest water consumers.

Reducing water use in

the bathroom is a great

6

and easy place to start: A quick shower in-stead of a bath uses up to

50 per cent less hot water. Install water-efficient

showerheads. Some lowflow showerheads use up to 36 per cent less water.

 Turn off the tap while brushing your teeth, shaving or washing your face.

Fix leaks.

• Upgrade faucets. New models can save up to 30 per cent more water.

NEWS CANADA

Saving water can make a difference Air quality index heralds summer

EarthTones



ummer is coming It is the season of barbecues, canoes, lawnmowers, rollerblades, swimming and sunning. It is also the season where weather forecasters stop giving us the wind chill factor and start giving us the air quality index. What is the air quality index? What causes the air quality to decline on some days in the summer? What does it mean to us?

The air quality index in most areas is based on levels of common air pollutants, typically sulfur dioxide, ozone, nitrogen dioxide, total reduced sulfur compounds, carbon monoxide and fine particulate matter

Sulfur dioxide comes mostly from smelters and from electricity generation. It can cause breathing problems and respiratory illnesses.

Ozone in ozone layer is a good thing, but at ground surface it is a major component of smog. Ozone is not emitted by any industries; rather, it forms from a reaction between nitrogen oxides and volatile organic (often compounds

vents). Ozone irritates the respiratory tract and eyes.

Nitrogen dioxide comes mostly from emissions from vehicles.

Reduced sulfur compounds are compounds that create a rotten egg or cabbage smell. They come mostly from the pulp and paper or steel industries. These compounds are not considered a health hazard but their strong odour gets them into the air quality index.

Carbon monoxide is an odourless, poisonous gas that is produced through the burning of fossil fuels. Most of the carbon monoxide in the atmosphere

comes from vehicles Particulate matter includes aerosols, smoke, fumes, dust, ash and pollen. Most particulate matter in the atmosphere is from combustion (vehicles, power gen-

tion and other burning).

In general people with asthma or chronic heart or lung disease are more sensitive to poor air quality. Particulate matter can have serious health effects and causes

hospitalizations and even death in sensitive people (asthma, heart or lung disease, children, the elderly).

So why is all this worse in the summer time? There are two reasons for

One is that the reaction that forms ozone takes place only in the presence of sunlight. The more sunlight, the more ozone is formed And there is just more sunshine in the sum-

> The other reason is that stagnant air masses are more likely to develop in summer. Contaminants

> produced in dense populacentres tion hangs those centres rather than being blown away.

So what can we do to make the air we breathe bet-ter? Many of the impacts come from vehicles, so driving bettertuned cars or driving less, car-pooling and avoiding the use of gas-powered lawn mowers can all help.

Electricity generation is another culprit so the less electricity we use, the less they have to generate, which means less air pollu-

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.



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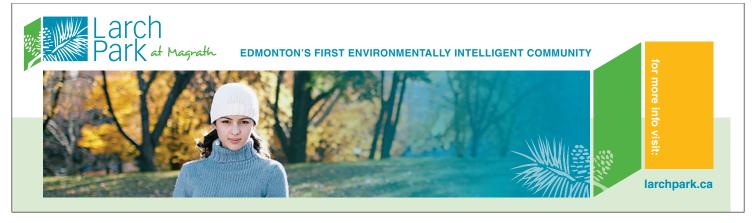


VISIT TODAY! metronews.ca/qiqpark





No purchase necessary. Contest open to Canadian residents of legal age, excluding residents of Quebec Contest closes July 31, 2009 at 11:59pm. For full contest rules and details, visit www.metronews.ca



Save Your Money!

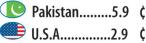
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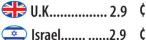
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Italian government under fire for inaction over Fiat plans

Italy's government is under fire from unions and opposition politicians for failing to back carmaker Fiat and persuade Germany it would be the best partner for Opel, the European arm of General Motors. Germany on Saturday sealed a deal with Canadian auto-parts group Magna to save Opel from GM's imminent bankruptcy. REUTERS

Business



Punky ads in U.K. a hit

Johnny Rotten, left, now known as John Lydon, stars in popular TV commercials for the butter brand Country Life, while punk forefather Iggy Pop stars in ads for the online car insurance brand Swiftcover.

GM bankruptcy plans finalized

AUTO General Motors Corp. and the U.S. government finalized plans yesterday for the battered automaker to reorganize, as a majority of debtholders helped clear the way to a bankruptcy

filing expected today.

Investors representing about 54 per cent of GM's \$27.2 billion US of bonds have indicated support for a U.S. Treasury-brokered swap of debt for equity that could help speed the automaker's way through bankruptcy.

President Barack Obama is expected today to publicly discuss GM's next steps as the U.S. govern-ment prepares to assume more than two-thirds control of the company in exchange for billions of dollars in assistance. REUTERS

Loonie on the rise

Dollar has grown 9.5% since end of April: Data

The Canadian dollar roared ahead again last Friday, firing on all cylinders as the greenback retreated, crude oil prices climbed and blue-chip stocks rallied in New York.

By the time the dust settleď, the loonie had gained 1.9 cents US to \$91.60 cents. The currency has risen by 9.5 per cent since April 30, the most since at least October 1950, accord-

ing to Bloomberg data.
"I think the biggest driver is extreme U.S. dollar weakness that we are seeing across currencies," said Camilla Sutton, a currency strategist at Scotia Capital.

"Sentiment has turned against the U.S. dollar. The positive U.S. dollar flows that we were seeing earlier this year and the fall of last year have essentially disap"I think the biggest driver is the extreme U.S. dollar weakness we are seeing across currencies."

Camilla Sutton, Scotia Capital

peared as risk aversion has come back down to more normal levels."

As the U.S. dollar moves back to its pre-financial crisis levels, it is rapidly losing ground against the loonie, the Australian dollar, the euro and other foreign currencies.

For its part, the loonie's climb is also being buttressed by a fresh surge in crude oil prices. On Friday,

light sweet crude for May delivery rose \$1.23 to \$66.31 on the New York Mercantile Exchange.

And while Canada's benchmark stock index closed slightly lower, American markets continued their rally. The Dow Jones industrial average gained 96.53 points 8,500.33, while the Nasdaq moved 22.54 points higher to 1,774.33.

Analysts said those gains signal increased optimism about the global economy bullish sentiment that bodes well for petro-currencies such as the loonie. If those trends continue, the it could easily hit 93 cents in the coming weeks, said George Davis, chief foreign exchange strategist with RBC Capital Markets.

TORSTAR NEWS SERVICE

Rally points to gains for farm providers

FORECAST A rally in grain and oilseed prices will likely give a further boost to shares of Canadian companies that provide farmers with everything from fertilizer to tractors.

That's welcome news for a sector that was hammered by the global financial crisis, which prompted many farmers to rethink spending plans. Robert Winslow, an ana-

lyst with Wellington West Čapital Markets, said potential winners include Hemisphere GPS, a farm technology provider, and Ag Growth Income Fund, a maker of grain augers and

Benchmark July futures prices of spring wheat and canola have jumped 28 per cent and nine per cent respectively since March 30.

REUTERS

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Dates

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Southeast LRT: Tuesday, June 9, 2009 OR Wednesday, June 10, 2009 - 5:30 pm to 8:30 pm J. Percy Page High School, 2707 Mill Woods Road NW, Gym - South Entrance

To ensure appropriate seating and arrangements, please RSVP by emailing LRTProjects@edmonton.ca or call 780-496-4874. Please note your name and the date of the session you will be attending.

For West LRT: RSVP by 10:00 am on Monday, June 1, 2009 For Southeast LRT: RSVP by 10:00 am on Friday, June 5, 2009

Can't attend a workshop? Join our online consultation from June 1-15, 2009 at www.edmonton.ca/LRTProjects

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10

The Texas Longhorns and Boston College Eagles took a long road to history Saturday night, playing an NCAA record 25 innings before Texas took a 3-2 victory in a regional tournament game in Austin. The game lasted 7 hours, 3 minutes and saw Texas reliever Austin Wood pitch 12½ innings of no-hit ball. METRO NEWS SERVICES

Sports



Stars hire Nieuwendyk

neral manager Brian Burke this season

METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Nadal ousted in French Open shocker

TENNIS A seismic shock rippled through Roland Garros yesterday when the unthinkable finally happened — claycourt king Rafael Nadal's aura of invincibility was pierced, punctured and finally ripped apart. Robin Soderling was barely known outside ten-

nis circles, but the disarming Swede played the match of his life to humble arguably the greatest ever claycourter 6-2, 6-7, 6-4, 7-6 in the fourth round of the French Open after 3½ hours of high drama.

Soderling left the world No. 1 and a capacity crowd flabbergasted as he handed the Spaniard his first defeat at Roland Garros and left his dreams of a record fifth consecutive title in REUTERS

Detroit goes up by two

(Detroit leads series 2-1)

Pittsburgh 1 Detroit 3



Chris Osgood was solid once again between the pipes, making 31 saves, as Detroit inched a step closer on its long journey to a second consecutive title with a 3-1 win over Pittsburgh in Game 2 of the Stanley Cup finals from Joe Louis Arena.

Ionathan Ericsson, Valtteri Filppula and Justin Abdelkader scored in succession following a firstperiod tally from Pitts-



Pittsburgh goalie Marc-Andre Fleury stops a shot from Detroit's Henrik Zetterberg last night during Game 2 of the 2009 Stanley Cup final at Joe Louis Arena in Detroit.

burgh's Evgeni Malkin.

It was a similar result from the series opener on Saturday, when Osgood also made 31 saves in another 3-1 Detroit win.

Tomas Holmstrom collected two assists for the Red Wings, who are attempting to become the

first club to repeat as champions since they did it themselves in 1997 and

METRO NEWS SERVICES

Sports in brie

MILESTONE Jamie Moyer went six strong innings to win his 250th career game, and the Philadelphia Phillies won their third straight, 4-2 over the bumbling Washington Nationals on Sunday. The 46-year-old Moyer is the 46th player to win 250 games, and only the 11th left-hander to join the exclusive list.

CYCLING Denis Menchov of Russia won the 100th anniversary edition of the Giro d'Italia cycling event yesterday despite falling in the final kilometre.

GOLF Steve Stricker held his nerve to win his fifth PGA Tour title in a playoff with fellow American Steve Marino and South African Tim Clark at the Colonial Invitational yesterday. The former world No. 3 sealed victory with a birdie at the second extra hole, hitting a superb eight-iron approach to four feet and calmly sinking

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Calls for more apprenticeships in B.C.

Given the current recession, now is the time for an intensified focus on apprenticeship training, according to an information campaign launched yesterday by B.C.'s Industry Training Authority and its partners. METRO NEWS SERVICES

11

Workology

Learning index dropping

Canada's overall score on the Canadian Council on Learning's Composite Learning Index has dropped for the first time. The national average for 2009 is 75, down from 77 last year. Calgary was the top performing city with a score of 89, followed by Victoria with 88 and Saskatoon with 86. The CLI measures youth literacy, PSE participation, high-school dropout rates, job-related training, and Internet access. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Heralding trumpeters' return



arry Lumsden is 86 and has been formally retired for more than 20 years. But he can still wrestle a trumpeter swan almost as fast as his daughter.

Don't worry, he doesn't wrestle them for fun or sport. It's to tag the large birds so they can be counted and tracked.

Lumsden grew up in Scotland and always loved animals. He visited Canada during the Second World War when he was a member of the Royal Air Force. He liked the country and was offered a job with the Ontario Ministry of Natural Resources in 1948. "They couldn't get any biologist from universities, there were no graduates after the war. They took a gamble on me," he says.

In the 40 years he spent with the ministry as a research scientist, Lumsden worked with geese, ducks, grouse and deer. In 1982, while working out of a research station in Maple, Ont., Lumsden and his colleagues were assigned the task of bringing trumpeter swans back to the province.

Trumpeter swans are the largest waterfowl in the



Trumpeter swans are being reintroduced to Ontario with the help of Harry Lumsden.

world (smaller mute swans are much more common: they have an orange beak with a knob on it while trumpeters have a black one) and they had been heavily hunted in Ontario since the 1700s. The very last one was shot at Long Point in 1886. "A part of our heritage was destroyed," says Lumsden.

To start, Lumsden got eggs from Alberta, hatched them in incubators and used mute swans to raise the cygnets. Later, he bought breeding pairs from the United States.

He set the swans up on ponds near Maple (the locals, usually farmers who owned the ponds, would keep an eye on them and feed them) and they multiplied over the years.

When Lumsden retired in 1988, he arranged with the ministry to keep on with his work. He still tags, tracks and organizes data — which has just recently been put on computer — on the now 1,400 trumpeter swans in the province. His daughter Diana helps him out, particularly with computer-related work.

Volunteers at Wyo

he **Lowdown**

Job title: Swan protector **Salary:** Ministry salary; now he's a volunteer.

Education/training: Most who work for the ministry now would have a biology degree, but Lumsden learned on the job.

Best Part of the Job: "All of it, it's always fun and interesting."
Worst Part of the Job: "There's no part I don't like."

Marsh in Midland and La Salle Park in Burlington, Ont. — where 160 trumpet and 100 mute swans lived last winter — help tag and feed the swans.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.



12

Spielberg going 3-D in 2011

Steven Spielberg's 3-D debut, The Adventures Of Tintin: The Secret Of The Unicorn, has finally got a release date. The film will hit theatres on Dec. 23, 2011, which currently puts it up against Disney/Pixar's The Bear And The Bow, and George Miller's Happy Feet 2. EMPIREONLINE.COM

Entertainment

Head injury

tal Friday after getting hurt on the ports. She was filming scenes for the thriller, Salt, in New York when she bumped her head. USMAGAZINE.COM



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iCarly Bucket-Dinos

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Criminal Justice (HDTV)

A Barrie, Ont., woman has filed a request to an

Ontario court to compel actor Keanu Reeves to provide a DNA sample as part of a bid to get support for herself and her four children.

Karen Sala, 46, who is acting as her own lawyer, filed notice in the Superior Court of Justice family branch. Legal papers were served on Reeves' business manager in Los Angeles. The first court date for the case is July 6 in Barrie.

"I'm pissed. I just want him to stand up and be a man," Sala said.

A spokesperson for the actor said Reeves denies even knowing Sala and strongly rejects her claims. None of the allegations have been proven in court.



Reeves in child row

Ontario woman seeks child support from Hollywood star

A Barrie, Ont., woman is seeking a DNA sample from Keanu Reeves.

Sala said she has tried "privately" over the years to persuade Reeves to provide support.

She said she has known him since she was nine

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Falcon Beach Go, Diego, Go!

years old and he was seven. With her children, aged 20 to 25, in post-secondary schools, Sala said she could use financial support to help them complete their education.

Sala said her children would like to know the truth about who their father is and she is launching the suit to seek "closure."

"They grew up with the ex's family always saying they weren't his, so they had to contend with that,' she said.

In addition to the DNA test, Sala is seeking child support of \$150,000 per month, retroactive to June 1988, as well as \$3 million per month in spousal support retroactive to November 2006.

A Los Angeles spokesperson for Reeves issued a statement denying her allegations, "Karen Sala's allegations are completely false and absurd. Mr. Reeves has no knowledge of who she is," Cheryl Maisel said in a statement.

Paul Knell, Reeves' Los Angeles business manager, questioned Sala's motives, noting that all four children are now adults.

"Before you disparage my client and lend validity to this, there's clearly something wrong with someone who claims child support after all the kids have grown. I'm just pointing that out," Knell said.

Knell said his client will undoubtedly become a target of tabloid speculation as a result of Sala's suit.

"He (Reeves) is a highprofile person in Holly-wood so people come out of the woodwork. I'll leave it at that," Knell said.

Reeves, 44, was born in Beirut, Lebanon, but lived in Toronto with his mother until he moved to Hollywood in the late '80s. His current address in the court

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Le Téléjournal (SC)

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Question Period

My First Place Pagado Cowboy C'try

The Hills

Most Haunted

Allison doesn't frighten easily, but she is worried sick after she has a nightmare about a man comforting her following the massacre of her family — especially after she meets that man in her waking life during an investigation in Most Haunted
Le Téléjournal
Crim. Justice
the season finale, "Bring Me the
Head of Oswaldo Castillo." 8 PM
on EDACCESS: 11 PM on KHQ

Intervention Jeff, a firefighter, once heroically saved his partner's life, but the nerve-racking experience left him traumatized and drinking more heavily. Now 40, Jeff has been rushed to the hospital several times for alcohol-induced sei-

zures. 7 PM on A&E



entertainment 13

A new late night era

Tonight host O'Brien doesn't see earlier timeslot as comedy barrier

NED EHRBAR Metro World News

Tonight, longtime Late Night host Conan O'Brien finally ascends the come-dy ladder, sitting down behind the desk of the **Tonight Show stepping** into one of the most secure jobs in Hollywood.

But before he even had a chance to end his 16plus-year run on Late Night, the man he was taking over for made off with a bit of the spotlight.

Late last year, Jay Leno announced he'd be staying at NBC with a modified talk show airing at 10 p.m. beginning next fall. If O'Brien felt at all slighted by the move, though, he doesn't let it show. "Jay's staying with the network and going to 10 p.m. has actually made the transition easier, because he's happy and I'm happy, and that's actually been kind of a godsend," O'Brien

He and Leno have albeen chummy, ways which O'Brien puts down to their common roots. "Nobody's quite figured out why so many people from Massachusetts go in-to comedy," he says. "I don't know if it's growing up with the perpetual disappointment of Boston Red Sox, or if it's the seven-month winter. there's something about growing up in that environment that pushes you very hard to find what's humorous in life."

But the Jay Leno issue aside, what most people been bugging O'Brien about is how his material will make the transition to the earlier timeslot. But he isn't worried. "People can overstate the idea that there's a comedy barrier that separates 11:30 and 12:30 and that you'll ignite antimatter if you bring 12:30 into 11:30," he says. "I think a lot of that's overblown."

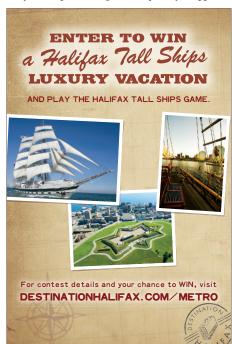
Still, some of his more notorious gags might need a slight tweak. "People focus on the Masturbating Bear," O'Brien admits. "I say, 'OK, well how about the Self-Pleasuring Bear?'"

The biggest change for O'Brien and his crew has been the relocation from New York City to Los Angeles. "I miss walking down the street," he says of life in NYC. "When you walk down the street in that you're off your meds." Los Angeles, people think

And then there's the paparazzi. "I've gone for a bike ride and cars would "Jay's staying with the network and going to 10 p.m. has actually made the transition easier, because he's happy and I'm happy." TV host Conan O'Brien

drive along with me and shoot me the whole time," he says. "I kept thinking,

'Really, I'm the best celebrity out right now? Isn't Johnny Depp on a





unicycle somewhere?"

Of course, O'Brien has more important things to worry about than having his picture taken. With five nights a week to fill, he admits the material may dry up. "At some

point, my show is going to have to morph into a detective show," he says. "Four weeks in, Andy Richter and I will be solving crimes. It's going to be Murder She Wrote with a slightly younger demo."

Short stories explore love and life meaning

Nocturnes

Author: Kazuo Ishiguro Publisher: Bantam Price: \$29.95 (Hardcover)

Through a series of five short stories. Booker Prize-winning author Kazuo Ishiguro explores



love and maintaining meaning in life in Nocturnes. Music underlies each story, from Crooner, in which a man serenades the wife he's set to divorce in a gondola in Venice, to Nocturne, in which the wife from the first story meets a guitarist at a hotel in Hollywood, both of them there to receive facelift operations. Nocturnes takes the reader on a worldwide trip through Italy, Spain, England and America, sharing interconnected tales that, however unlikely, inspire reflection on life.

Go Ask Your Father

Editors: Lennard J. Davis **Publisher:** Bantam Price: \$28.95 (Hardcover)

ardco. were told that the man who purported to be vour father wasn't, what would you do?

Lennard J. Davis was forced

BookPicks

to answer that question when his uncle Abie told Davis that he was his real dad via artificial insemination, not the recently deceased man who claimed to be. Go Ask Your Father recounts Davis' journey to find the identity of his father and contains both scientific research and philosophical ruminations on the relationship between identity and genetic reality.

The Late, Lamented **Molly Marx**

Author: Sally Koslow Publisher: Ballantine Books Price: \$28.95 (Hardcover)

From beyond the grave, Molly Marx has access to more truth than she ever had



Dead at 35 from a bicycle accident, she's now able to watch those close to her in life, and discover just how authentic some of her loved ones are. While some of her findings are discouraging, like the more than doctor-patient relationships her plastic surgeon husband Barry enjoys with his clients, Marx finds satisfac-tion in seeing the effects of motherhood Annabel, the infant daughter she left behind.

> BRIAN COULTON/ FOR METRO CANADA

Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to Reuters:

Up: \$68.2 million US

Night at the Museum: \$25.5 million

Drag Me To Hell: \$16.6 million

Terminator Salvation: \$16.1 million

Star Trek: \$12.8 million

Angels & Demons: \$11.2 million

Dance Flick:

X-Men Origins: Wolverine: \$3.9 million

Ghosts of Girlfriends Past: \$1.9 million

Obsessed:

REUTERS

Clooney urges actors to vote "yes" to contract

LOS ANGELES Some 500 actors, including prominent stars George Clooney and Tom Hanks, urged members of the largest U.S. actors union to vote "yes" on a new contract with Hollywood's major studios Friday.

In a statement released by the 120,000-member Screen Actors Guild, signers "wholeheartedly recommend that SAG members VOTE YES on our tentative Television and Theatrical Contracts.'

It ends with "I urge you to VOTE YES on this contract."

SAG had been embroiled in a bitter labor dispute with Hollywood's major film and television

studios for nearly a year until nearly ľast month when its contract negotiators

reached an agreement over accord.



Key sticking points in negotiations had centered on how much actors would get paid for work released on the Internet. Some members, including SAG president Alan Rosenberg, have argued for more concessions by the studios.

The old contract ex-

pired on June 30 of 2008 and since then actors have been working with-out a labor deal. Hollywood has been on edge much of the past year fearing a possible strike amid the recession if a pact could not be reached.

The membership is currently voting, and ballots are expected to be counted up by early June.

Other members signing the statement urging a "ves" vote include SAG National Board Members Adam Arkin, Amy Brenneman and Morgan Fairchild. Other notable actors signing include Sally Field, Patricia Heaton, Rob Lowe and Sam Water-

Entertainment in brief

COURT SENTENCE Still maintaining his innocence, music producer Phil Spector was sentenced Friday to at least 19 years in prison for the 2003 murder of a Hollywood actress and could spend the rest of his life behind bars.

Spector, 69, who revolutionized pop music in the 1960s with his lavered "Wall of Sound" production technique, was convicted in April of second-degree murder after a second trial. The first trial deadlocked in 2007. Lana

Clarkson, 40, a B-movie actress, died of a shot to the mouth, fired from Spector's gun in the foyer of his mock castle home outside Los Angeles on Feb. 3, 2003. The two met hours earlier at a Hollywood nightclub.

14 entertainment



Kimora Lee Simmons and Djimon Hounsou are the proud parents of a baby boy. The Baby Phat CEO, 34, announced the big news on Twitter Saturday: "It's a boy! Thanks to everyone out there for all your well wishes," people.com reports. METRO NEWS SERVICES

Celebrity Buzz

Candy explains 'deadly' dig at Tori

insists she didn't mean to stir up controversy by remarking Thursday that daughter Tori's actions contributed to the

2006 death of TV mogul Aaron Spelling, usmagazine.com reports.

In an interview 94.7 WMAS in Springfield, Mass.. Candy said Tori abandoned Aaron and

actually. He just didn't want to live after that. You know, he had done everything ... he could possibly do for his daughter and she wanted no part of

him once he couldn't

do anything for her." Of her remarks, Candy said on huffingtonpost.com, "I didn't intend to create headlines. I was asked a question about my daughter not speaking with my fami-ly, and I answered truth-

fully.

ill, and he had stopped eating and taking liquids. He called Tori on a daily basis. and never stopped asking if Tori had returned his call. We had to say no every day," she went on.

Of making such an outlandish remark, Candy now says, "I should have known better, but it is the

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been estranged for some time Tori has never revealed the reason they don't talk. Instead, she has vaguely said they just "don't go together.'

In April, Candy - who released her frank memoir Stories From Candyland a few weeks before Tori debuted her book, Mommyhood — posted a public let-

er, it wouldn't be public because if she does intend to have a relationship with grandchildren which I am totally open

11 months.

to - I just would like her to approach us privately.

ing for a reconciliation. "I

want to see you and your

family — in private, like

the 'normal family' you say

always wanted," pleaded

Candy, who said she has

met Tori's son Liam, 2, but

never met daughter Stella,

Tori told usmag azine.com in April: "If I said one thing to my moth-

METRO NEWS SERVICES

Paparazzo sues **Britney for injury**

Phat baby boy

SETBACK Just as Britney Spears is trying to get her life and career back on track, she's being slapped with another lawsuit.

This time, photographer Rick Mendoza is suing the singer for running over his foot while pulling out of a Beverly Hills parking lot in 2007, according to TMZ.

"Britney was not in the mental, emotional and/or physical condition to oper-

ate the subject motor vehicle in a safe and reasonable manner," the suit claims.

METRO WORLD NEWS

Jon and Kate broke child labour laws?

HOT WATER The scandal continues for Jon and Kate Gosselin, usmagazine.com reports

On Friday, the Pennsylvania Department Labour confirmed that an investigation is underway to determine if the hit TLC. show Jon & Kate Plus 8 is violating child labour laws after receiving a complaint against the show.

"We're not saying that they are not complying with child labour laws. We're investigating a complaint," Troy Thompson of the Pennsylvania Department of Labour told usmagazine.com. "We're not saying that there was or was not a violation, just that we're conducting an investiga-

In a statement, a TLC rep said: "TLC fully complies with all applicable laws and regulations. Ion and Kate Plus 8 is no

exception. For extended period of time, we have been engaged in co-operadiscussions and supplied all requested information

SECONDARY PRIZING: 1 of 50 double passes to see the advance screening of "THE HANGOVER" on June 3rd

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes June 1, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca to the Pennsylvania Department of Labour. We will continue to engage the appropriate officials and meet any standards or regepisode ulations that are applicatheir eight children, inble to TLC productions." The reality show - for cluding which Jon and Kate earn twins and sextuplets, who \$50,000 US \$75,000



features

eight-year-old

Racy photos cost Rihanna Vogue cover?

CONSEQUENCE Naked photos that posedly show Rihanna frolicking in a hotel room

with Chris Brown that leaked last month may have cost the singer a shot at appearing on the cover of

Vogue. Rihanna with Vogue editor Anna Win-

tour at the recent Met Costume Gala and really hit it "Anna told her Vogue absolutely loves her and re-

ally wanted to work with her. Rihanna ecstatic," source tells Star magazine.

But after the racy photos surfaced, Anna hasn't turned any of her calls. Rihanna's so She upset. hopes the people at Vogue change their minds."

METRO WORLD NEWS

The Jonas cure for heartbreak

LOVE ADVICE Kevin Ionas was sent to camp to recover from his broken heart, femalefirst.co.uk reports.

The 21-year-old Jonas Brothers singer admits he was so devastated when his girlfriend broke up with him, his mother sent him away to help him forget about her.



breakup is not thinking Top of about it and getting away from it. A girl broke up with me and I was devasthe Pops maga-zine: "The tated, so my mom sent me to camp. It was awesome. best way to

"You learn that it's not the end of the world, and it's hard, but you've got to realize it does get better.'

METRO NEWS SERVICES

Brad's new pet name for Mel

FRIENDSHIP Looks like Brad Pitt has found a new celeb to heckle: Mel Gibson, usmagazine.com reports.

The actor poked fun at Gibson's 2006 DUI arrest at Spike TV's Guys Choice Awards Saturday in L.A.

Gibson opened the show riding in on a horse and wearing a Viking helmet. He introduced then

Pitt's 1999 film Fight Club, which was inducted into the Guy Hall of Fame.

Thanks, sugar t—!" Pitt told Gibson as he accepted the award. (When he was arrested for DUI, Gibson reportedly called a fe-male police officer ʻsugar t-

> NEWS SERVICES

Katy says no to casual sex

PRINCIPLES Pop star Katy Perry will never have a night of passion with a stranger, femalefirst.co.uk reports.

The singer loves to flirt but hates the idea of getting intimate with guys she barely knows.

She said, "For me, it's not a pastime, going out and meeting people and trying to hook up with people. That actually

makes me feel disgusting. From a really early age, I was really sensitive to that.

"Getting your flirt on is the best thing in the world, but when it comes to sharing bodily fluids with a person I don't know no thank you,' she said.

METRO NEWS SERVICES

Chris soldiers on with music

MOVING ON A friend of Chris Brown says the singer is working to move on from his legal troubles and concentrating on work,

people.com reports. 'Chris is focused," songwriter

Robert Allen, who is working with Brown on his upcoming album, tentatively titled Graffiti. "He knows how to

deal with whatever is going on and is willing to do what he has to do to please his fans.

album The new won't just cover R&B, says Allen. "We've been making things really eclectic ... really fun and free-spirited. It's like a collage.'

SERVICES

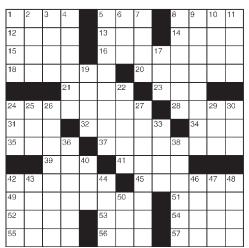


Wednesday Partly Cloudy 25 c / 5 c



entertainment 15

Take Five



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	6	5		1		3		
1								6
3		4		7				
9		7	6			5		
	5						8	
		3			8	2		9
				9		6		4
2								8
		6		3		9	1	

Crossword across

- 1 Neatnik's bane 5 Navigation aid
- 8 Small plateau
- 12 Hippocratic, e.g.
- 13 Blackbird
- 14 Previous nights 15 Wound reminder
- 16 Lunchbox occupant
- 18 Tears to smithereens
- 20 Culpable
- 21 Cry 23 Conclusion
- 24 "Chicago Poems" writer
- 28 Suitable
- 31 Ostrich's cousin
- 32 Attempted

- 34 Away from WSW
- 35 Grand story
- 37 Resin used in making varnish
- 39 Drunkard
- 41 Intend
- 42 Noah's mountain
- 45 "Monty -
- 49 Where the Chargers play
- 51 Rabbit
- 52 Not pizzicato 53 Modern prefix
- 54 Greek vowels
- 55 Hammerhead part

Crossword down

- 1 Rolling stone's lack 2 Apiece
- 3 Luminary
- 4 Crafty 5 Rubbers?
- 6 Literary collection
- 7 Pong preceder
- 8 Kitten's commentary
- 9 Villain
- 10 Denomination
- 11 Wan
- 17 Payable
- 19 Amount owed
- 22 Trojan War king
- 24 Glimpse
- 25 Rock band's need 26 Pest

56 — Aviv 57 Thaw

27 Interbreeding data

- 29 budget
- 30 Year-end abbr. 33 Crucial time
- 36 Rope (off)
- 38 Country song?
- 40 Skater Babilonia 42 Pronto, on a memo
- 43 Exceptional
- 44 Circus covering
- 46 Loathe
- 47 Exam format
- 48 Egg container

NOW OBEK OF A

50 "Golly!"

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

1	2	7	5	4	3	6	8	9
3	2 6 5	9	8	7	2	5	4	1
4	5	8	6	9	1	7	2	3
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6	4	5	7	3	9	2	1	8
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9	8	4	3	5	6	1	7	2

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	od todavis answers t play more games at metronous s																				

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SUDOKU SOLVE TIME	:	
Under 13 min	G	iei

Under 13 min	Genius
13-17 min	Scholar

17-21 min	Smart
21-25 min	Not bad
25+ min	Keep practising

Ground Beef Curry

Metro Recipe of the Day

INGREDIENTS:

1 lb (500 g) lean ground beef

- 1 onion, minced 4 medium potatoes, peeled and diced 3 garlic cloves, chopped
- 1 in. (2.5 cm) piece fresh ginger, peeled and minced 1 cinnamon stick, halved
- 1 tsp (5 ml) ground turmeric
- 1 tsp (5 ml) cumin seeds, roughly crushed 1 tsp (5 ml) coriander seeds, roughly crushed
- 1/2 tsp (2 ml) dried red chili flakes 1 can (14 oz/398 ml)
- crushed tomatoes 1 1/4 cups (300 ml) beef or lamb stock
- 1/2 bag (5 1/2 oz/150 g) baby leaf spinach Salt and fresh-ground black pepper
- Fresh mint leaves RAITA 2/3 cup (150 ml) plain low-
- fat vogourt 1/4 cucumber, finely diced 4 tsp (20 ml) chopped fresh mint

1. Put beef and onion in

large pot over medium heat and sauté until brown, stirring to break up meat, 5 minutes, Add potatoes, garlic, ginger and spices; sauté 2 minutes longer. Add tomatoes and stock and season with salt and pepper to taste. Bring to boil, cover, reduce heat and simmer, stirring occasionally, 20 minutes.

- 2. Meanwhile, make raita. Mix yogourt, cucumber and mint together with little seasoning. Spoon into bowl and chill until required.
- 3. Ŝtir spinach into curry and heat through 1 minute. Taste and adjust seasoning, if necessary. Spoon curry onto warm plates and sprinkle with fresh mint leaves. Serve immediately with chilled

SERVES 4

rd.ca

VIRGO

For nutritional information on this and other great recipes, go to **rd.ca** or check out Key Ingredients



Horoscopes by Sally Brompton

ARIES

MARCH 21-APRIL 20

It is possible to be too nice for your own good. Be generous with time and sympathy, but don't forget there is only so much you can do for others.

LIBRA **SEPT 23-OCT 23**

Creatively and romantically you have a lot going for you now that the Sun is transiting your fellow Air sign of Gemini

TAURUS

APRIL 21-MAY 21

Today you will see with the ut-most clarity what it is you should be doing. With the favour of Mercury, the planet of the mind, it's time to get serious.

SCORPIO OCT 24-NOV 22

Knowledge is power, or so they say, and a rather interesting fact you learn over the next 24 hours will confirm the truth of that old adage.

GEMINI

MAY 22-JUNE 21 This is one of the best times of the year for you and it will get even better this week as the Sun moves deeper into your sign.

SAGITTARIUS NOV 23-DEC 21

There is no need to feel guilty about wanting to get away from your duties and chores for a while now that Mercury is moving through your chart.

CANCER

You need to put behind you the fears that have been making your life less than enjoyable of

tion, have no basis in reality.

late. All of them, without excep-

CAPRICORN

DEC 22-JAN 20
You know what changes need to be made in your life and you know that the sooner you make them the better off you will be, emotionally and financially.

LEO JULY 23-AUG 23

It may seem as if you have no control over what is going on in vour environment but even if it's true there is no need to be worried about it

AQUARIUS JAN 21-FEB 18 The next three weeks or so,

while the Sun transits the most dynamic area of your chart, are potentially the best of the year

sallybrompton.com

AUG 24-SEPT 22 If you stay calm today you can't fail, but make a good impression on employers and other impor-tant people. You will be the picture of poise and purpose.

PISCES

Your feelings tend to be a bit fragile at this time of year but that is not an excuse to deliberately avoid challenging situa-

This day in history

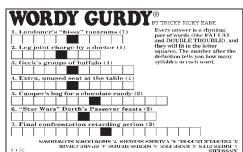
JUNE 1, 1925: Lou Gehrig plays the first game in his streak of 2,130 consecutive games; it was the longest such streak until broken by Cal Ripken Jr. in 1995.

IUNE 1, 1974: The Heimlich maneuver for rescuing choking victims is published in the journal Emergency Medicine.

JUNE 1, 1979: The first black-led government of Rhodesia (now Zimbabwe) in 90 years takes power. JUNE 1, 1980: Cable News Network (CNN) begins broadcasting.

JUNE 1, 2007: Jack Kevorkian is released from prison after serving eight years of his 10-25 year prison term for second-degree murder in the 1998 death of Thomas Youk, 52, of Oakland County, Michigan METRO NEWS SERVICES





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